



## Information for Families



### What is TAF?

Team Around the Family (TAF) is a support service for you and your family. It has been shown that it is best when families identify *themselves* the positive changes that they wish to make to family life. TAF will support families to make these changes. This can lead to more positive futures for their children.

### What will my TAF worker do?

#### Your TAF worker will:

- Work with your family to look at the changes you would like to make to improve family life.
- Agree an action plan, which sets out how you will achieve these changes and who will be responsible for each action.
- Help your family to feel more confident, so that you can maintain these changes in the future without needing their support.
- Tell you about other support services that may also help you work on your plan.
- Make you feel comfortable about using the service again if you have problems in the future.



### How can I access the service?

Any professional already working with your family can refer you to us (with your permission). Before they do this, they will talk to you about what changes you would like to make and what support you think you will need.

#### You will need to:

- Sign a consent form for us to begin working with you
- Let your TAF worker know if you no longer need their support (you can withdraw from our support at anytime)

**Confidentiality:** As a rule the information which you and your family provide will only be shared with your agreement. However there may be certain times when the people working with you need to share your information without your agreement, for example to help a child who is at risk of harm, or to help prevent or detect a serious crime.



If you would like more information please contact:

**Team Around the Family (TAF)  
Flying Start Centre,  
Cross Park, Pennar,  
Pembroke Dock SA72 6SW**

**Tel: (01437) 775700**



## Gwybodaeth i Deuluoedd



### Beth yw'r Tîm o Amgylch y Teulu?

Mae'r Tîm o Amgylch y Teulu (y Tîm) yn wasanaeth cymorth i chi a'ch teulu. Dangoswyd ei fod ar ei orau pan fydd teuluoedd eu hunain yn penderfynu pa newidiadau cadarnhaol yr hoffent eu gwneud i fywyd y teulu. Bydd y Tîm yn cynorthwyo teuluoedd i wneud y newidiadau hyn. Gall hyn arwain at ddyfodol mwy cadarnhaol i'w plant.

### Beth fydd fy ngweithiwr Tîm o Amgylch y Teulu yn ei wneud?

#### Bydd gweithiwr y Tîm yn:

- Gweithio gyda'ch teulu i edrych ar y newidiadau yr hoffech eu gwneud i wella bywyd y teulu.
- Cytuno ar gynllun gweithredu, sy'n disgrifio sut byddwch yn cyflawni'r newidiadau hyn a phwy fydd yn gyfrifol am bob cam gweithredu.
- Helpu'ch teulu i deimlo'n fwy hyderus, fel y gallwch gynnal y newidiadau hyn yn y dyfodol heb yr angen am eu cymorth.
- Dweud wrthyh chi am wasanaethau cymorth eraill a allai hefyd eich helpu i weithio ar eich cynllun.
- Gwneud i chi deimlo'n gyfforddus am ddefnyddio'r gwasanaeth eto os cewch chi broblemau yn y dyfodol.



### Sut galla' i fanteisio ar y gwasanaeth?

Mae unrhyw weithiwr proffesiynol sydd eisoes yn gweithio gyda'ch teulu yn gallu'ch cyfeirio atom ni (gyda'ch caniatâd chi). Cyn i'r gweithiwr wneud hyn, bydd yn siarad â chi am y newidiadau yr hoffech eu gwneud a pha gymorth bydd ei angen arnoch, yn eich barn chi.

#### Bydd angen i chi:

- Lofnodi ffurflen ganiatâd er mwyn i ni ddechrau gweithio gyda chi
- Gadael i weithiwr y Tîm wybod os nad oes angen cymorth y gweithiwr arnoch mwyach (gallwch ddod â'n cymorth i ben unrhyw bryd)

**Cyfrinachedd:** Fel rheol, bydd y wybodaeth a roddwch chi a'ch teulu i ni'n cael ei rhannu gyda'ch cytundeb chi yn unig. Fodd bynnag, gall fod rhai amserau pan fydd angen i'r bobl sy'n gweithio gyda chi rannu eich gwybodaeth heb eich cytundeb, er enghraifft i helpu plentyn sy'n wynebu perygl o niwed, neu helpu i atal neu ddarganfod trosedd ddifrifol.



Os hoffech fwy o wybodaeth, cysylltwch â:  
**Y Tîm o Amgylch y Teulu  
Canolfan Dechrau'n Deg,  
Cross Park, Pennar,  
Doc Penfro SA72 6SW**

**Ffôn: (01437) 775700**